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SPA

Sybil's Spa

8 Maxwell Road, tel: 6867 8766

www.sybils.com.sg

OPEN Mon-Fri, 10am-8pm; Sat, Sun & public holidays, 10am-6pm

Set in a beautiful black and white colonial bungalow, there's a wide selection of massages and treatments in the spa-treating spa. Their signature treatment is the luxurious 2-in-1 Rose and Lavender body wrap which uses rose oil, lavender essential and rose petals.

EXPECT TO PAY 120 for a full-body herbal citrus wrap

Jenagphan The Herbal Spa

#01-01 King's Arcade, 501 Bukit Timah Road,

tel: 6868 7622, www.jenagphan.com

OPEN Mon-Fri, 10am-8pm; closed on Tues; specialising in authentic Thai

specialising in authentic Thai spa and beauty treatments. Use the signature herbal complete treatment and The Herbal Steam Therapy. They use Thai techniques and products. The place has a tropical Thai decor and all rooms have windows that offer panoramic views of the forest and the city.

EXPECT TO PAY From 120 for their signature The Tranquility treatment which includes a Thai herbal wrap, Thai herbal steam and royal Thai massage.

Basic Essence Holistic Shop and Spa

#02-21 Cluny Court, 501 Bukit Timah Road,

tel: 6468-4991, www.basicessence.com

OPEN Mon-Fri, 10am-8.30pm; Sat-Sun, 10am-6pm

Here's where you can try an exotic Tibetan Sacred River Stone massage. A bastion of alternative healing, the highlights here are the Tibetan spa

therapies, based on the 1,500-year-old Tibetan medical tradition. They use Jampeche Himalayan spa products made from Tibetan herbs and essential oils. **EXPECT TO PAY** \$145 for their signature Tibetan Sacred River Stone Massage, which restores well-being and inner harmony

HAIR & BEAUTY

La Borne Hair & Beauty Salon

#01-01 Belmont Place, 275 Bukit Timah Road,

tel: 6776 2622

OPEN Mon-Fri, 9.30am-8pm; Sat-Sun, 10am-8pm

The salon has been around for 22 years and its regular clientele are those who have around the area offering a full range of hair services. They also do facials, waxing and eyebrow embroidery, threading and styling.

EXPECT TO PAY From 120 for a perm

NAILS & BEAUTY

Sybil's Secrets

#01-01 King's Arcade, 501 Bukit Timah Road,

tel: 6868 7622, www.sybils.com.sg

OPEN Mon-Fri, 10am-8pm; Sat-Sun, 10am-6pm

The pretty place does the full works: waxing, nail, spa treatments, body and facial services and treatments for skin care reduction, skin regeneration and anti-management. They have another outlet at Market Street and a spa at Homestay offering massage, wraps and scrubs.

EXPECT TO PAY 120 for the 60-minute star facial treatments, that use Garnier products

